

# OMULILO SPA

IGN'ITE YOUR 

# Treatment Menu



Allow our journey to gently guide you into a state of calm and natural wellbeing.

### **MASSAGE THERAPIES**

#### EZIMBA SCENTS MASSAGE

The ultimate soothing massage that combines flowing hand movements with the healing properties of aromatherapy to lull your body into a state of relaxation. Start the journey by choosing a scent that carries you away to relaxation.

#### OMULILO SIGNATURE FIRE MASSAGE

This treatment is a massage that will relax, revitalise and revive you, sending you on a journey inspired by fire and ice. The therapists expertly uses the combination of the hot and cool marble stones to aid in relaxing sore and tired muscles, sending the body into a deep relaxed state but at the same time, leaving you rested and invigorated.

#### DEEP TISSUE MASSAGE

A massage that focuses on breaking into the muscle fibres to relieve muscle tension.

#### PRE-NATAL MASSAGE

A relaxing Swedish pregnancy massage focused on the special needs of the mother-to-be as her body goes through changes.

# (60 min) N\$ 790 | (90 min) N\$ 990

(90 Mins) N\$ 1090

(60 Mins) N\$ 790

(60 Mins) N\$ 790

#### **EXPRESS TREATMENTS**

Ombuda: Back, Neck and Shoulder Massage Omutwe: Head Massage Hot Oil Scalp Massage Eempadhi Foot Massage Full Body Exfoliation **Back Exfoliation** 

(30 Min) N\$ 450 (30 Min) N\$350 (30 Min) N\$ 390 (30 Min) N\$ 390 (45 Min) N\$ 450 (30 Min) N\$ 350

### **JOURNEYS**

#### **OKUTAMUKURURA RENEWAL JOURNEY**

A treatment that symbolises renewal.

We start the treatment with a full body exfoliation to shed the old you, followed by a hydrating cocoon wrap. Once you have emerged from your cocoon, you will enjoy a cleansing shower, followed by a rejuvenating full body massage. Finishing off with a revitalising facial to emerge as a brand new you.

#### AFRICAN CALABASH (EEMINDO) MASSAGE

An experience that allows traditional calabashes to be applied on the body which ensures that energy flows through the entire body.

#### PURE FACIAL

Enjoy a relaxing and calming facial that uses all natural products, focusing on deep cleaning and hydrating the skin.

#### FINISHING TOUCHES

Brow Shape Brow & Lash Tint (15 Min) NS 90 (15 Min) NS 110

## (2.5hrs) N\$ 1980

#### (60 min) N\$ 790

### (30 min) N\$ 490



## HAND AND FOOT TREATMENTS

OMULILO MANICURE(60 Min) N\$ 280Gentle exfoliation is incorporated with an aromatherapy soak in this decadent hand treatment. The focus is on nails and cuticles, with a professional polish application to finish the look.	
Additional Gel Option	(60 Min) N\$ 150
OMULILO PEDICURE(60 Min) N\$ 280Gentle exfoliation is incorporated with an aromatherapy soak in this decadent foot treatment.The focus is on nails and cuticles, with a professional polish application to finish the look.	
Additional Gel Option	(60 Min) N\$ 150
GENTS MANICURE	(30 Min) N\$ 280
GENTS PEDICURE	(45 Min) N\$ 280
FOOT RITUAL(45 Min) N\$ 460Start your treatment with a stimulating rich salt scrub followed by a relaxing foot massage.	
MEDI-HEAL PEDICURE	(60 Min) N\$ 460
FILE AND RE-VARNISH	(25 Min) N\$ 220
GEL REMOVAL	(15 Min) N\$ 200
SPA EXPERIENCES	
JACUZZI	(30 Min) N\$ 165
STEAM ROOM	(30 Min) N\$ 165





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