





BREAKFAST (served until 11:30)

- V Health breakfast Plain yogurt, fruit salad, muesli and a freshly baked mini muffin
 R95
 - Fisherman's breakfast with two eggs, bacon, freshly sliced tomato, boerewors and toast

 R105
 - Burgundy breakfast with two eggs, bacon, freshly sliced tomato, boerewors, chips, mushrooms and toast R155
 - crispy bacon and syrup R95
 - Sardines on toasted ciabatta with pickled red onion, fresh tomato and basil

 R115
 - Poached eggs on sourdough with smashed avocado and baby spinach
 Add Salmon
 Add Bacon

 R65
 R65
 - Eggs benedict

2 poached eggs with hollandaise sauce on toasted ciabatta

French toast bun with grilled banana,

- Salmon TroutCreamy Chicken liversR155R145
- Croissant Benedict filled with soft scramble eggs and ham, topped with hollandaise brûlée
 R155











v • Blueberry detox smoothie	R95
v • Strawberry, yoghurt & mint smoothie	R95
v • "Heavy metal" green smoothie	R95











Milkshakes R60 Chocolate, Strawberry, Vanilla, Lime, Iced Coffee Banana, Bubblegum





SOMETHING SWEET

 Pancake with milktart filling, served with ice cream 	R85
 Our famous Burgundy scone with whipped cream 	R70
and preserves	
 Health bran muffin with preserves and 	
grated cheddar	R70
Plain croissant with cheese and preserves	R75

CAKES	
All our cakes are freshly baked on the premises	
Carrot cake with cream cheese icing	R70
Chocolate ganache cake	R65
Baked New York style cheese cake	R70
Lemon meringue	R65
Pecan caramel tart	R65
 Apple tart with almonds 	R55/R75
Cape date pudding with salted caramel	R85
 Vanilla pod crème brûlée 	R75





SOFT DRINKS

 Juice: Ask your waiter 	R30	
 Dry Lemon, Ginger ale, 		
Lemonade, Tonic Water,		
Soda Water, Pink tonic	R27	(200ml)
Tomato Cocktail	R34	(300ml)
Red Bull	R40	
Soft Drinks	R32	(300ml)
Bos Ice tea (lemon or peach)	R36	(300ml)
Red Grapetiser, Appletiser	R39	(300ml)
 Cordials 	R10	
 Sparkling or Still water 	R28	(500ml)
Sparkling or Still water	R45	(1lt)





BEVERAGES

 Cortado 	R38	
• Filter Coffee	R25	Large R30
 Cappuccino 	R38	Large R45
Café Latte, Red Cappuccino	R40	
• Espresso Decaf espresso	R24	
 Double Espresso 	R28	
Chococino	R40	
 Americano 	R30	Large R36
 Hot Chocolate, Milo 	R38	
 Rooibos tea, Five Roses 	R24	
• English Breakfast tea, Earl Grey	R25	
 Camomile, Green tea 	R25	