





### BREAKFAST (served until 11:30)

- V Health breakfast Plain yogurt, fruit salad, muesli and a freshly baked mini muffin
   R95
  - Sardines on toasted ciabatta with pickled red onion, fresh tomato and basil

    R115
  - Poached eggs on sourdough with smashed avocado and baby spinach
     Add Salmon
     Add Bacon
     Reserved

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  - Eggs benedict

2 poached eggs with hollandaise sauce on toasted ciabatta

Salmon Trout
 R155
 Creamy Chicken livers

 Croissant Benedict filled with soft scramble eggs and ham, topped with hollandaise brûlée
 R155





- Fisherman's breakfast with two eggs, bacon, freshly sliced tomato, boerewors and toast
   R105
- Burgundy breakfast with two eggs, bacon, freshly sliced tomato, boerewors, chips, mushrooms and toast R155







V • Blueberry detox smoothie	R95
v • Strawberry, yoghurt & mint smoothie	R95
v • "Heavy metal" green smoothie	R95











Milkshakes R60 Chocolate, Strawberry, Vanilla, Lime, Iced Coffee Banana, Bubblegum





# SOMETHING SWEET

85
70
70
75
-

CAKES	
All our cakes are freshly baked on the premises	
Carrot cake with cream cheese icing	R70
Chocolate ganache cake	R65
Baked New York style cheese cake	R70
Lemon meringue	R65
Pecan caramel tart	R65
Apple tart with almonds	R55/R75
Granadilla fridge cheese cake	R65
Cape date pudding with salted caramel	R85
Vanilla pod crème brûlée	R75





## SOFT DRINKS

<ul> <li>Juice: Ask your waiter</li> </ul>	R30	
Dry Lemon, Ginger ale,		
Lemonade, Tonic Water,		
Soda Water, Pink tonic	R27	(200ml)
Tomato Cocktail	R34	(300ml)
Red Bull	R40	
Soft Drinks	R32	(300ml)
Bos Ice tea (lemon or peach)	R36	(300ml)
Red Grapetiser, Appletiser	R39	(300ml)
Cordials	R10	
Sparkling or Still water	R28	(500ml)
Sparkling or Still water	R45	(1lt)





# **BEVERAGES**

Cortado	R38
Filter Coffee	R25 Large R30
Cappuccino	R38 Large R45
Café Latte, Red Cappuccino	R40
Espresso   Decaf espresso	R24
Double Espresso	R28
Chococino	R40
Americano	R30 Large R36
Hot Chocolate, Milo	R38
<ul> <li>Rooibos tea, Five Roses</li> </ul>	R24
English Breakfast tea, Earl Grey	R25
Camomile, Green tea	R25