



# LUNCH MENU

## LUNCH HOURS

11.30am - 3pm



### FEELING RAVENOUS?



### OR JUST A LIGHT NIBBLE?

#### Gourmet Burgers

**Botsoela Burger** (Chicken) M150

**The Gem Burger** (Beef) M150

**Malealea Monster Burger** (Beef & Bacon) M165

The above burgers are served with Chips or Salad in a Sephaphatha (Traditional Basotho Bread)

**Pitseng Burger**  
(Chicken or Beef without the carbs) - served with salad M120

#### Salads

Chicken M90

Tuna Mayo M90

Green Salad M65

Side Salad M50

#### Mains

**T-Bone Steak or Rump (300g)** with Chips or Salad M210

**Lamb Chops** with Chips or Salad M210

**Chicken Wings** with Chips or Salad M150

**Fish with Chips or Salad** M150

**Spaghetti Bolognese** M150  
with grated cheese M155  
Our house specialty, "World Famous" for the last 30 years

**Spaghetti with Vegetarian Sauce** M90  
served with grated cheese

**Packed Lunches** M115

1 x Toasted Sandwiches  
Fruit  
Fruit juice or 500ml Still Water

#### Sandwiches

Toasted or not! Served on brown bread or sephaphatha (Traditional Basotho Bread)

Cheese M35

Cheese & Tomato M45

Cheese, Tomato & Bacon M65

Chicken Mayonnaise M65

Tuna Mayonnaise M65

Egg, Bacon & Tomato M65

Bacon, Lettuce & Tomato M65

#### Wraps

Chicken M90

Tuna M90

#### Sides

Chips - Large M55

Chips - Small M35

Sephaphatha (just on its own) M20

Sephaphatha (with cheese & jam) M30



#### DESSERT

Carrot Cake M55

Apple Cake with Whipped Cream M55

Chocolate Muffin with Whipped Cream M35

Ice-Cream & Chocolate Sauce M35



# Malealea Lodge

## BREAKFAST MENU

Arrange with Kitchen Ladies the night before if you would like an early or packed breakfast.

Book your packed lunches the night before.

Hot water for tea/coffee is available from 07h30

### Continental

M90

Filter, Espresso of instant Coffee/Tea & Juice

Fruit Salad with Muesli & Yoghurt

Toast & Muffin served with Butter & Jam

### Hot Breakfast

M110

Filter, Espresso of instant Coffee/Tea & Juice

Toast & Muffin served with Butter & Jam Fried or

Scrambled Eggs with bacon and tomato OR

Omelet with any two toppings:

(cheese/tomato/onion/bacon)

### FUKUFUKU (FULL) BREAKFAST

M160

Named after the highest peak in the Malealea Valley (2,361m), this breakfast will fuel you with enough energy to conquer Mt. Fukufuku!

Filter or instant Coffee/Tea & Juice Fruit Salad,

Muesli & Yoghurt Toast & Muffin served with

Butter & Jam Fried or Scrambled Eggs with

bacon and tomato OR Omelet with any two

toppings: (cheese/tomato/onion/bacon)