

GONANA SOUTH
AFRICAN TRAVEL



IN COLLABORATION WITH
DAGENS NYHETER



21 JANUARY - 02 FEBRUARY 2027

An aerial photograph of a South African landscape. In the foreground, a large, dark, rounded rock formation sits atop a lush green hill. A river winds through the valley below, surrounded by more green hills. In the background, a large, flat-topped mountain range stretches across the horizon under a blue sky with scattered white clouds. The text 'WELCOME TO SOUTH AFRICA' is overlaid in white, bold, sans-serif font.

WELCOME TO
**SOUTH
AFRICA**

A JOURNEY CRAFTED JUST FOR YOU

At Gonana South African Travel, we believe “travel agent” is far too impersonal. Anyone can sell you flights and hotels. What we offer is: our knowledge, passion and 60 years+ of experience. Because here’s the truth: you can buy travel anywhere. What you can’t buy everywhere are our eyes, ears, and hearts on the ground.

WHY BOOK WITH US?



SAME PRICE GUARANTEE

You’ll never pay more with us than booking a hotel directly. If you do, we refund the difference. We keep the rates the same as we receive a commission from the hotel.



ALWAYS AVAILABLE

Our Cape Town office is on call 24/7 via WhatsApp. If the weather shifts or you want to change plans last-minute, we make it happen, even on Christmas Day!



SCANDINAVIAN INSIGHT

With Swedish roots and South African expertise, we know what you appreciate most. Every journey is built for a Swede, made by us living in South Africa.



CERTIFIED EXPERTS

Our entire team are qualified national guides. When we suggest a safari, a restaurant, or a boutique lodge, it’s because we’ve tested it ourselves.



INDUSTRY EXPERIENCE

With 60+ years of combined tourism experience, and 15 years as Gonana South African Travel, we’ve weathered every challenge.

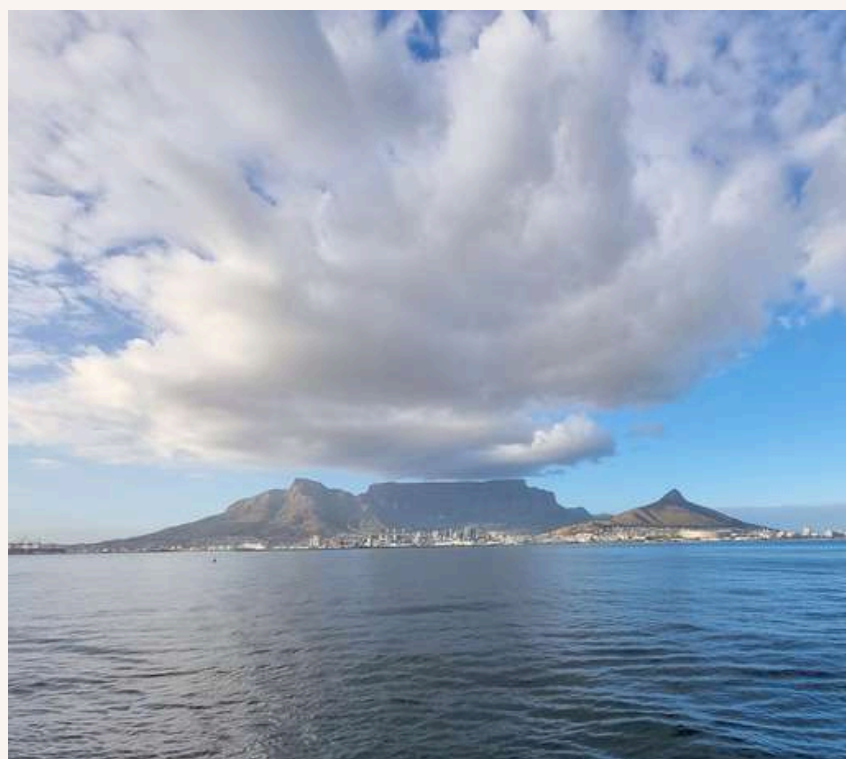
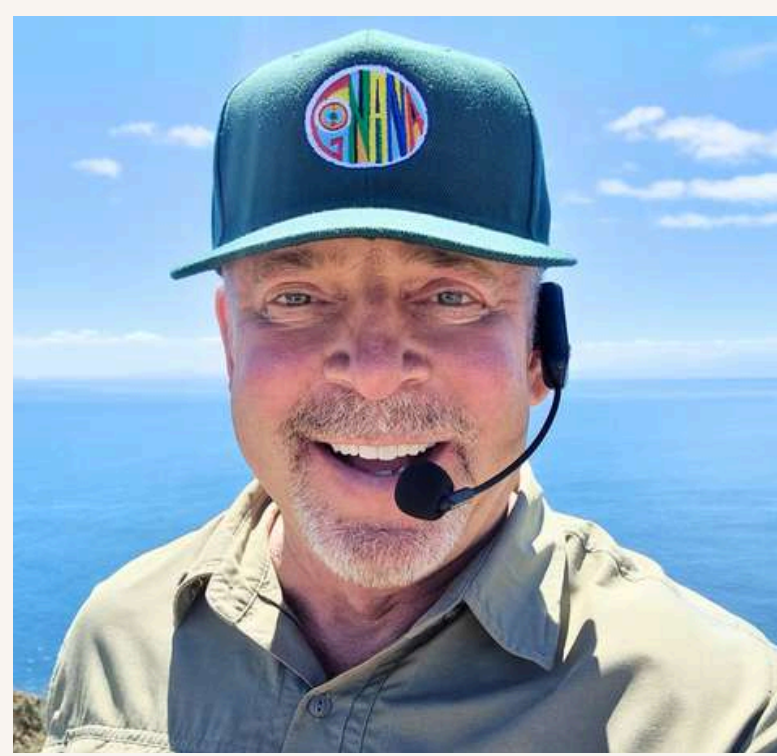


INSURED & SATSA APPROVED

As proud SATSA members, we guarantee quality, safety, and full insurance. All our drivers are licensed and vetted.

THE OCEANS & SAFARI

CAPE TOWN, WEST COAST,
WINE, SAFARI & WHALES



A grand journey that showcases South Africa's diverse range, with scenic panoramic views, exciting safari tours where you have the opportunity to see "The Big 5", vast vineyards, good food, beautiful architecture and much more.

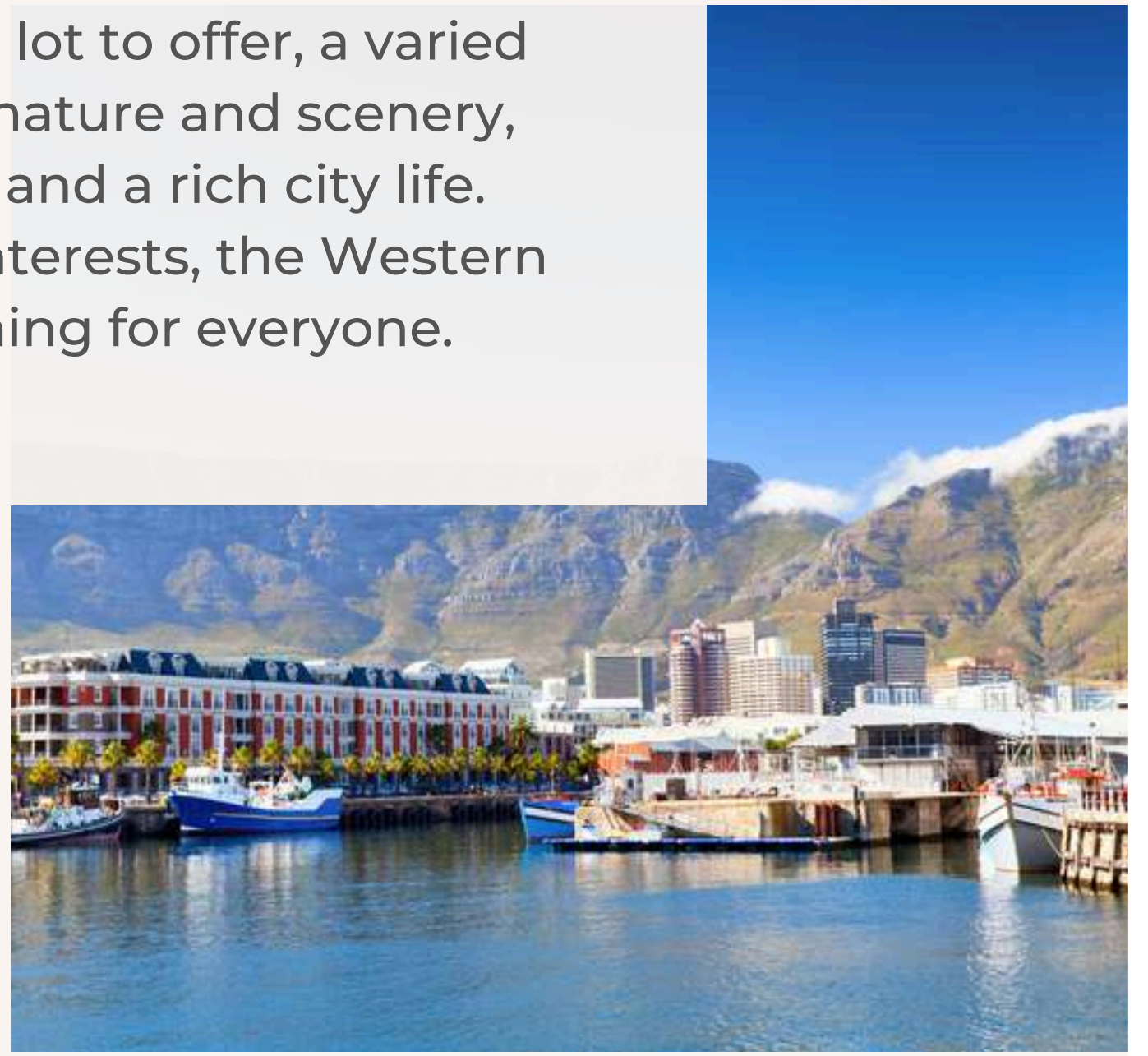
in Cape Town with Table Mountain, and the V&A Waterfront and more. Visit Franschhoek for wine tasting and gourmet dining, then relax in Paternoster's beaches and fresh seafood. In Hermanus, enjoy whale watching and scenic cliff paths. Conclude with a thrilling safari at a Game Reserve, spotting the Big Five and other wildlife. This trip combines city life, wine lands, beaches, and wildlife adventures for an unforgettable experience.

This trip is created by Gonana South African Travel, a Swedish-owned, tour operator based in Cape Town. Its founder, Jonas, is a national guide and has called South Africa home for more than 20 years. His goal is simple: to create journeys that inspire, while giving back to local people and the environment.

CAPE TOWN

A province filled with diversity, natural beauty and city life.

Western Cape has a lot to offer, a varied culture, wonderful nature and scenery, important history, and a rich city life. Regardless of your interests, the Western Cape has something for everyone.





**DAY 1 - CAPE TOWN / VIEWS / DRUMS
THURSDAY, 21 JANUARY 2027**

Welcome to Cape Town!
This is where your South African adventure begins. We head to Signal Hill, a viewpoint that offers a fantastic panoramic view over Cape Town, the Atlantic Ocean, Robben Island, and more.



After that, we check in at our hotel located right in the center of Cape Town, within walking distance of restaurants and shops.

In the evening, a memorable dinner awaits at Gold Restaurant, known for its cuisine from across the African continent. Before dinner, you will get the chance to learn how to play drums with your hands.



**DAY 2: CAPE TOWN / TOWNSHIP / WATERFRONT
FRIDAY, 22 JANUARY 2027**

Start the day with a tasty breakfast at the hotel. Then we visit one of Gonana South African Travel's charity partners, Philani Maternal, Child Health and Nutrition Project. It is run by Ingrid Le Roux, Honorary Doctor at the Karolinska Institute in Stockholm, who has also been a summer host on P1 radio. Here you will learn about the work being done in the townships regarding education and health.

After our visit to the township, we head to the Waterfront, Cape Town's largest shopping and entertainment district. Here we enjoy a fantastic lunch at Life Grand Café, located right by the water in the harbor.

In the afternoon, you'll have time for your own activities. You might want to take the cable car up Table Mountain, explore the city on your own, or simply relax by the hotel pool.

In the evening, you'll enjoy dinner at one of the restaurants we recommend, and we'll be happy to assist with reservations.





DAY 3: CAPE TOWN / CAPE POINT SATURDAY, 23 JANUARY 2027

Enjoy breakfast at the hotel, and then we set out together on an exciting tour of the Cape Peninsula and the legendary Cape of Good Hope, a must-see!

During the day, we visit Cape Point Nature Reserve and make several stops along the way. We meet penguins in their natural habitat at Boulders Beach, and you'll learn about one of the world's six floral kingdoms and more about Fynbos.

Lunch is served at one of the area's most famous restaurants, Black Marlin, right by the water, featuring fresh fish from the nearby bay.

At the Cape of Good Hope, with its magical views, you'll understand why this place has such legendary significance.

Back at the hotel, you'll have the option to choose dinner at one of the many fantastic restaurants in the city. Of course, we'll share our recommendations and happily assist you with reservations.



DAY 4: CAPE TOWN / COLORS / SPICES SUNDAY, 24 JANUARY 2027

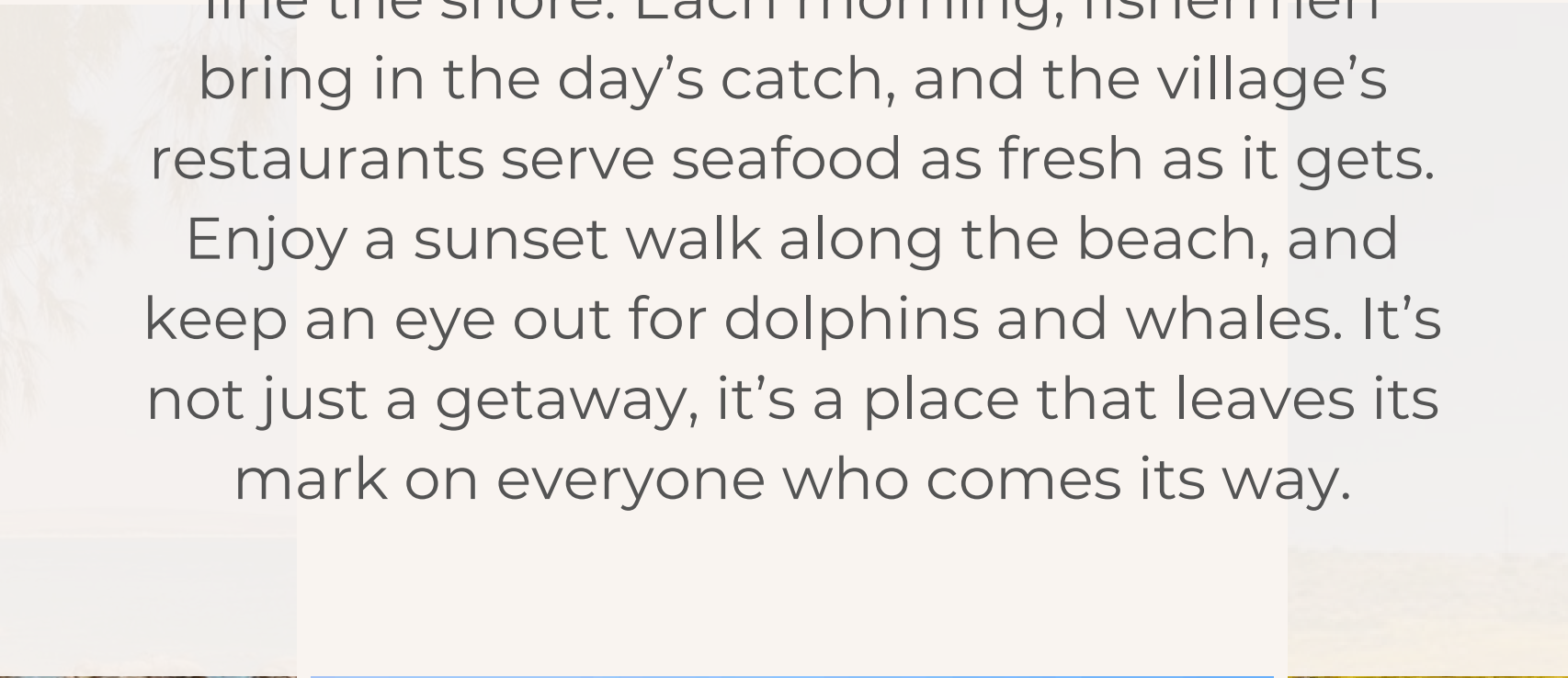
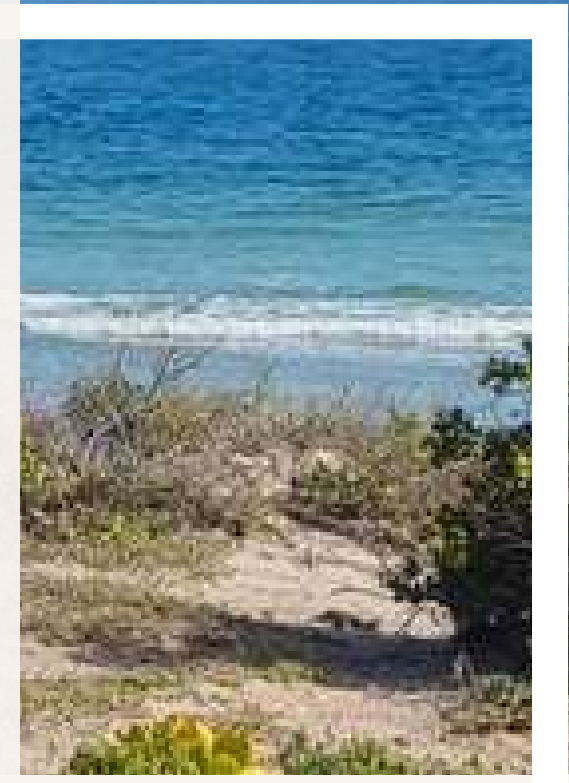
Enjoy breakfast at the hotel. Afterward, we take a walk together to Bo-Kaap, famous for its beautiful, colorful houses. Here, we'll immerse ourselves in the vibrant local culture. While in Bo-Kaap, we'll visit a family home where you'll learn to cook Cape Malay cuisine. Once the meal is prepared, we all enjoy it together.

After lunch, there is time for your own excursions.

In the evening, we meet for dinner at Bouchon Bistro, known for its wine cellar but especially for its South African tapas and wonderful atmosphere.

PATERNOSTER

Paternoster is one of South Africa's oldest fishing villages, where whitewashed houses line the shore. Each morning, fishermen bring in the day's catch, and the village's restaurants serve seafood as fresh as it gets. Enjoy a sunset walk along the beach, and keep an eye out for dolphins and whales. It's not just a getaway, it's a place that leaves its mark on everyone who comes its way.





DAY 5: CAPE TOWN / WEST COAST / SAN MONDAY, 25 JANUARY 2027

After a wonderful breakfast, we check out and head together to our next destination: Paternoster.

On the way to this unique and historic fishing village, we stop at the cultural center and nature reserve !Khwa ttu.

Here, we learn about one of the world's oldest indigenous peoples, the San.

We enjoy lunch with a magical view over the coast and the ocean before continuing our journey.

In Paternoster, we check in at the first sustainable guesthouse in the area, located directly on the beach in this authentic village. After checking in, take a stroll along the miles-long beach, enjoy a swim in the ocean, or relax by the hotel pool.

Dinner will be served at Voorstrandt Restaurant, the village's oldest and most personal dining spot.



DAY 6: PATERNOSTER / THE BLUE LAGOON TUESDAY, 26 JANUARY 2027

Enjoy the organic breakfast made from local ingredients while taking in the view of the Atlantic Ocean.

After breakfast, we head to West Coast National Park, known for its unique wildlife and natural beauty.

We will bring a picnic to enjoy at the stunning Langebaan Lagoon.

The afternoon is free for those who want to sunbathe and swim, exercise, or perhaps you would like to go horseback riding, kayaking, or try an e-bike. We can make the bookings for you!

In the evening, you and your group can choose from the local restaurants in the village. For such a small place, there are six excellent dining options to select from.

WINELANDS

The Cape Winelands is a region known for its vineyards and world-class wines. It is home to historic towns with prestigious wine estates, fine restaurants, art, and culture. The region invites you to ride the Franschhoek Wine Tram through vineyards, to wander along oak-lined streets, and experience the best of South Africa, all in one extraordinary place.





**DAY 7: PATERNOSTER / WINE COUNTRY
WEDNESDAY, 27 JANUARY 2027**

Sleep in to the sound of the waves!

After breakfast, we head inland to the wine region, stopping at the unique Babylonstoren, famous for its incredible gardens and views over Simonsberg and the Banhoek Valley. Here we will enjoy lunch together in their greenhouse.

We check in at a personal and well-regarded small hotel in Stellenbosch, South Africa's second-oldest town, which is also home to parts of the University of Cape Town.

In the evening, we will have dinner together at The Fat Butcher, known for its atmosphere and amazing dry-aged meats. Of course, vegetarian options are available, so there's something for everyone!



**DAY 8: STELLENBOSCH/PICNIC/FRANSCHHOEK
THURSDAY, 28 JANUARY 2027**

After a tasty breakfast at the hotel, we embark on a food and wine experience.

We start with a wine tasting at Boschendal Wine Estate, sampling South Africa's own Pinotage as well as other grape varieties.

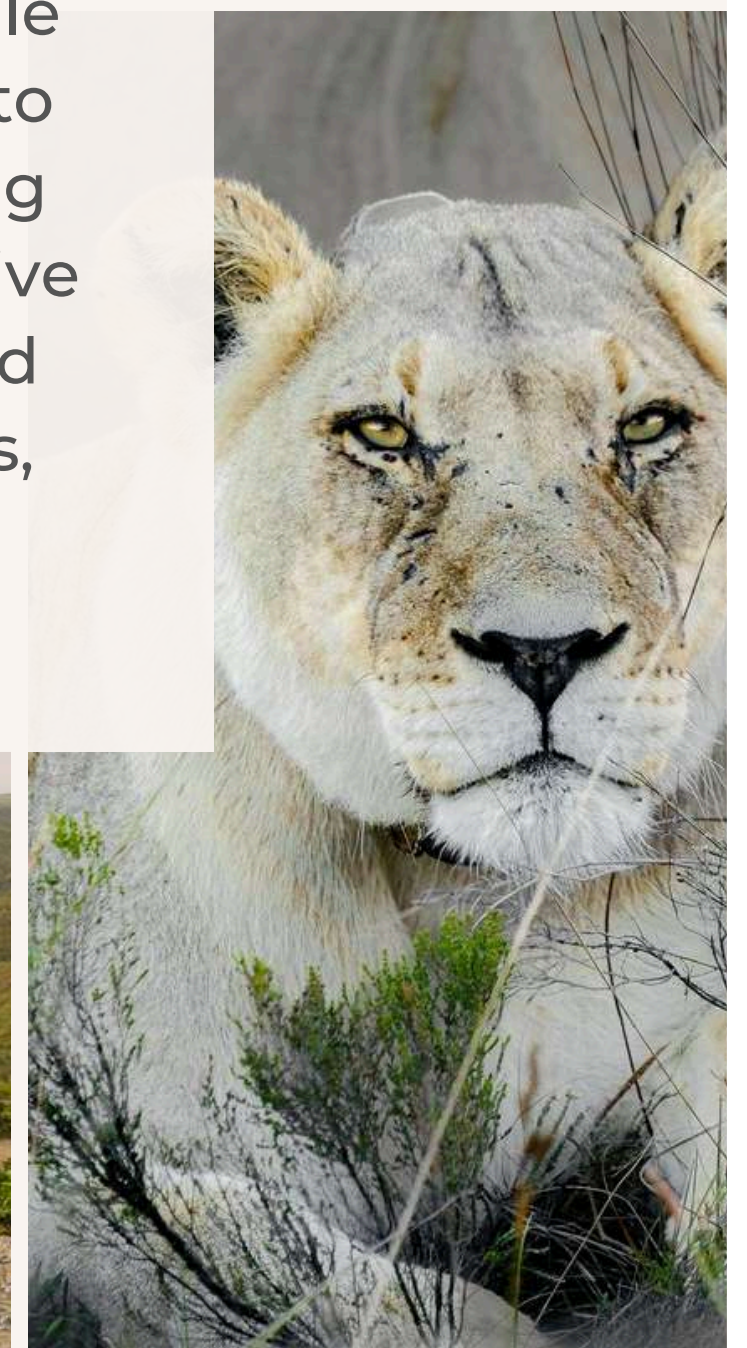
After the tasting, we enjoy a picnic lunch under shady trees, surrounded by scenic vineyards and impressive mountains.

The journey continues to the "French" corner, Franschhoek, where we savor bubbles and South Africa's equivalent of champagne, called MCC – Méthode Cap Classique. At Haute Cabrière, a vineyard with Swedish roots, we will enjoy magical views over the valley.

Back in Stellenbosch, dinner is on your own at one of the many restaurants in town, considered among the best in South Africa.

GONDWANA GAME RESERVE

Gondwana Game Reserve sits in the middle of South Africa's Garden Route. Wake up to birdsong and the sight of antelope grazing outside your suite. Head out on a game drive with guides who know the land like an old friend. When the sun sets over the valleys, the sounds of the bush come alive.





**DAY 9: STELLENBOSCH / WILDLIFE
FRIDAY, 29 JANUARY 2027**

After an early breakfast, we head toward the mountainous inland, with its unique villages and vegetation, arriving in the afternoon for our safari adventure.

On the way, we stop in Barrydale and visit Barrydale Weavers, where rugs and towels are handwoven. Lunch is at a local version of an American diner, Diesel & Crème, known for its burgers and milkshakes.

We then continue to Gondwana Game Reserve, where our safari adventure begins!

The lodge offers a luxurious experience in a malaria-free environment, with opportunities to see the Big Five.

After our tour of the savanna, dinner is served at the lodge.



**DAY 10: SAFARI / WILDLIFE / NATURE
SATURDAY, 30 JANUARY 2027**

We rise with the sun for a cup of tea or coffee before heading out for the first safari of the day.

After a few hours, we return to the lodge for a fantastic breakfast.

The rest of the morning is free to enjoy the spa, the pool, or one of the many outdoor areas to take in the surroundings.

Lunch is served at the lodge. In the afternoon, it's time for a second game drive, with a drink stop to watch the sunset over the savanna.

Back at the lodge, we enjoy dinner together.





**DAY 11: SAFARI / WHALES
SUNDAY, 31 JANUARY 2027**

After an early breakfast, we head out for our final safari, aiming to spot the remaining Big Five.

We then travel from the inland on a scenic drive through the changing landscape, arriving in Hermanus, the famous whale-watching town along the Indian Ocean.

We have a light lunch along the way before checking in at the charming Windsor Hotel, beautifully located with unobstructed views of the sea and whales from the cliffs.

Dinner is together at Burgundy, one of Hermanus's best restaurants, right in the village, sampling local delicacies.



**DAY 12: HERMANUS / HIKING / BOAT
MONDAY, 01 FEBRUARY 2027**

After breakfast with beach and ocean views, we go on a nature hike guided by an expert botanist, exploring the unique flora and fauna of Fernkloof Nature Reserve.

We enjoy a flavorful lunch at the cozy and organic Mogg's Country Cookhouse, nestled in the forest and surrounded by blueberry and raspberry plantations.

In the afternoon, we head out on an eco-boat on the Indian Ocean for another incredible wildlife experience, spotting whales, dolphins, and penguins.

The farewell dinner is at the charming Char'd Grill & Wine Bar, known for its personal service and excellent cuisine. Here we reflect on the past weeks' experiences and shared memories as our journey comes to an end.





**DAY 13 - HEADING NORTH
TUESDAY, 02 FEBRUARY 2027**

After breakfast at the hotel, we check out and drive back toward Cape Town along the dramatic and scenic coastline.

It's time for the journey home to Sweden!

You'll carry with you new friendships, unique experiences, culinary delights, fine wines, wildlife, ocean giants, and the ever-shining sun.

We thank you for traveling with us and look forward to seeing you again!

TRAVEL PLAN



- DAY 1** Hotel: Sunsquare
Welcome Toast on Signal Hill
Dinner at Gold Restaurant
- DAY 2** Hotel: Sunsquare
Visit to Philani
Lunch at Life Grand Cafe and dinner at your own leisure
- DAY 3** Hotel: Sunsquare
Guided Cape Peninsula Tour and visit to Boulders Beach.
Lunch at Black Marlin and dinner at Bouchon Bistro
- DAY 4** Hotel: Sunsquare
Guided city tour, Bo Kaap cooking experience & Table Mountain Cable Car
Lunch at Bo Kaap and dinner at your own leisure
- DAY 5** Hotel: Gonana Guesthouse
Guided tour at !Khwa ttu San Culture & Heritage Centre
Lunch at inhouse restaurant and dinner Voorstrandt restaurant.
- DAY 6** Hotel: Gonana Guesthouse
Guided visit to West Coast National Park
Picnic lunch and dinner at your own leisure
- DAY 7** Hotel: Stellenbosch Manor
Visit to Babylonstoren
Lunch at the Greenhouse Restaurant and dinner at the Fat Butcher
- DAY 8** Hotel: Stellenbosch Manor
Winetasting at Boschendal and MCC Tasting at Haute Cabriere.
Picnic lunch at Boschendal and dinner at your own leisure
- DAY 9** Hotel: Gondwana Game Reserve
Travel to Gondwana Reserve and afternoon game drive.
Lunch at Diesel & Crème and dinner at Gondwana Game Reserve
- DAY 10** Hotel: Gondwana Game Reserve
Morning and afternoon game drive
All meals at Gondwana Game Reserve
- DAY 11** Hotel: Windsor Hotel
Morning game drive and free afternoon
Lunch at own leisure and dinner at Burgundy Restaurant
- DAY 12** Hotel: Windsor Hotel
Guided hike at Fernkloof Nature Reserve and whale watching eco tour
Lunch at your own leisure and dinner at Char'd grill restaurant
- DAY 13** Departure
Travel to Cape Town International Airport
Breakfast at hotel and lunch at your own leisure.

INCLUDED



Included in the trip

- 13 fantastic days in South Africa
- Accommodation in handpicked 4-5 star hotels and luxury lodges
- Private both Swedish-speaking and local guides
- Private transport with driver and airport transfers
- Excursions: Signal Hill, Cape Peninsula Tour, Haute Cabrière, Babylonstoren and Boschendal Wine Estates
- Exclusive tastings: South African wines & Method Cap Classique
- Food experiences: 12 breakfasts, 9 lunches, 8 dinners
- Nature & animals: 4 Game Drives, West Coast National Park and Whale watching tour
- Culture & art: Cape Malay Cooking experience, Philani Childcare Centre and !Kwa ttu San Heritage Centre
- Active experiences: Guided hike in Fernkloof and Drumming Session

What you take home

- Memories to last a lifetime
- New perspectives
- New friends
- A camera roll full of stories

Not included:

- Flights
- Travel insurance
- Personal expenses
- Alternative activities
- Tip (always optional)

Estimated Cost: SEK 42.000 per person for 13 fantastic days in South Africa.

The price is based on 12 persons sharing in a double room.

TRAVEL THE GONANA WAY

AUTHENTIC TAILORMADE JOURNEYS



When you travel with us, you don't just experience South Africa, you embrace it. It's people, its culture, its wild spaces, and its future. That's the meaning behind our name: Gonana, which means "**embrace**" in isiZulu.

Our itineraries are designed with Scandinavian thoughtfulness, precision, and shaped by our **daily lives** in South Africa. We think beyond "what to see" and focus on "how you'll feel" and every journey is created to balance iconic sights with hidden gems.

We're proud members of **SATSA** (Southern Africa Tourism Services Association), which means that we're fully insured, compliant with all regulations, and committed to the highest standards of service.

To truly know a city, you need to **live it** and that's exactly what we do. We know when restaurants bring in new chefs, where wildlife is most active, and which lodges maintain the highest standards. We keep track of the small changes that make a big difference to your trip, like when a new wine farm opens, a hiking trail is at its best, or a local festival is worth experiencing.

Unlike commission-driven travel agencies, we don't push what pays us more. We'll never book you into a restaurant just because we get kickbacks. Instead, we recommend what we **truly believe** in and build itineraries around you.

We're proud to be **Fair Trade** approved, yet the real impact comes from the initiatives we support directly: Project Rhino, WWF, and the Philani Community NGO. Through these partnerships, your travels help protect wildlife and empower local communities.

Every journey we create is designed for you to fully embrace South Africa, leaving with a camera roll full of stories and memories to last a lifetime that are uniquely yours.



GONANA SOUTH AFRICAN TRAVEL



To get a flavour of your destination, please follow us on:

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 [*Gonana Travel South African Travel Facebook*](#)

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