

OUR THERAPISTS

The Pha2-tshedzo Spa team therapist consists of qualified somatologists, dedicated to delivering exceptional care and comfort. We offer treatments by both **male and female** therapists, so you can enjoy a professional treatment tailored to your comfort.



Operational Hours

Our operating hours are
Fridays & Saturdays 10:00 - 19:00
Sundays 10:00 - 14:00



PRICE LIST

SPA TREATMENTS

RELAX YOUR BODY



Pha2-tshedzo
Health & Beauty

Plot 75 Zeekoeigat, Kamleedrift
Road, Kameeldrift East.
Tel: 012 161 0802/3

www.theblades.co.za



TERMS AND CONDITIONS APPLY

HAND AND FEET

Manicures and Pedicures

Full Manicure
Hand & nail bath, exfoliation, nail file, cuticle work, mask, massage & polish **R 345.00**

Full Pedicure
Foot soak, exfoliation, nail file, cuticle work, mask, massage and polish Duration: 45 minutes **R 345.00**

Manicure and Pedicure Combo
Duration: 90 minutes **R 625.00**

No Paint express Mani..... **R 230.00**
No Paint Express Pedicure 30 minutes... **R 280.00**

Extras - Hands and Feet **R 65.00**
Soak Off Gel **R 70.00**
Soak Off Acrylic..... **R110.00**
Paraffin Dip **R135.00**
Buff & Polish Duration: 15-20 minutes

MASSAGE

Conventional and Sport Massage

Provides relaxation for improved sleep quality, helping to relax the body as it gently relaxes the muscles which alleviates tension and soreness in the muscles.

Back neck & shoulder | 30 Minutes | R400
Full body massage | 60 Minutes | R625

Indian head massage | 45 Minutes| R455
Manual lymph drainage | 45 Minutes| R455

Back neck & shoulder sports massage
30 Minutes | R415
Full body sports massage | 1 Hour | R665

Sport massages are deep tissue massages. These treatment aid in alleviating muscle stiffness associated with training and aids in healing micro-tears on muscles.

Targeted Massage

Duration: 30 - 15 minutes

Head Massage **R180.00**
Neck, Shoulders & Back **R400.00**
Arms Massage..... **R220.00**
Leg Massage **R265.00**

Add Hot Stones @ R 125.00 p/person
per treatment



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SPA TREATMENTS

SPA PACKAGES

Sportsman Package | 3 Hours | **R1725.00**
Aromatherapy hot stone full body sports massage
/ Scalp massage / Pedicure

In-Room Spa Treatments

These packages and treatments are available to residential guests only.

Half Day Package for 2 | 3 Hours | **R2885.00**
Full body exfoliation / Full body massage / Full body wrap / Lunch

Full Day Package for 2 | 5.2 Hours | **R5215.00**
Full body exfoliation/ Full body mask, followed by a romantic bath infused with essential oils and rose petals/ Hot stone full body massage / Manicure / Pedicure / Lunch / Glass of wine / Afternoon snacks

Me Time | 2 Hours | **R1200.00**
Full body massage / Pedicure / Full Body exfoliation

Body Treatments | 20 Minutes | **R385.00**
Full body exfoliation

Body Treatments | 20 Minutes | **R445.00**
Full body wrap

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Products

Only professionally recognised products will be used in this Spa which will be professionally recommended by a qualified and trained Spa therapist. At any time must you feel pressurised to take the products prescribed to you but do take the professional advice given. Vouchers are an ideal gift for Spa enthusiasts, stressed out work colleagues, loved ones in need of pampering and friends in need of relaxation. Choose from our existing treatments and Spa packages or create your own personalised package. Vouchers are available for purchase at the Spa.

Bookings are essential

Prices are subject to change

CONTACT US

+27 12 161 0802

info@theblades.co.za

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The Blades
ALWAYS A STROKE AHEAD



Pha2-tshedzo
Health & Beauty

Payment and Cancellation Policy

Sorry no cheques are accepted, but cash and credit cards are welcome. We require 100% deposit within 48 hours after the receipt of your booking confirmation. Your booking will not be secured unless we have received your full payment. Please take note that the same payment and cancellation policies apply when making use of a gift voucher. Cancellations will only be accepted in writing. Cancellation made 15 - 7 days prior to arrival will forfeit 50% of the invoice amount. Cancellations made 6 days before arrival, or no shows will be liable for the full invoice amount.

Refreshments

There will always be a fresh supply of coffee, tea and lemon infused water for your enjoyment. Our beverage menu will be provided for any other drinks.



GENERAL INFORMATION

Appointments

Please arrive 30 min prior to your scheduled appointment as this allows you to enjoy a cup of coffee or tea while completing a consultation form. Kindly inform us of any health concerns or recent surgeries when booking your appointment. Our Spa operates on a strictly no-nudity policy.

Personal items

We regret that Pha2-tshedzo Health and Beauty and The Blades Hotel cannot be held personally responsible for any theft, damage, loss or misfortune that may occur to any personal articles.

Spa Etiquette

Our Spa environment is one of tranquillity and relaxation. Please respect all Spa guests right to privacy and serenity. To preserve the tranquil environment of the Spa we would kindly request that all mobile phones be switched off or put on silent during your time with us.

Late Arrivals

Late arrivals for whatever reason will result in reduction of your allocated treatment time and full payment fee will apply. We will not postpone your treatment due to late arrival. Should we have an opening after your treatment, you are required to pay a penalty fee of R250 to reclaim your full treatment time.