

















S E T N E N U S 2 0 2 4 / 2 0 2 5







CHOICE OF A STARTER

CALAMARI RINGS

Fried Calamari rings, Savoury rice & Tartare sauce.

GREEK SALAD (V)

Fresh Garden Greens, Feta, Tomato, Cucumber, Bell Peppers, Red Onion and Olives.

TOMATO SOUP (V)

Rich Tomato soup served with a Cheese Toastie.

CHOICE OF A MAIN

HAKE

Fried or grilled. Chips or Rice, a chunky Tomato & Cucumber Salad, and Tartare sauce.

SPICY CHICKEN STIR-FRY

Marinated Chicken strips with fresh stir-fry Vegetables in a spicy Asian sauce, served with Basmati Rice.

PASTA MARINARA (V)

Penne Pasta with Tomato Marinara sauce, Courgettes, Red Peppers and Feta.

ENCHILADAS

Flour Tortilla filled with a filling, topped with melted Cheese. Served with Mexican Salad, zesty Avo, and Sour Cream. Option of Mexican Mince or Mexican Chicken

CHOICE OF A DESSERT

MILKTART

Custard based South African Tartlet, flavoured with Cinnamon and served with Vanilla Ice Cream

ICE CREAM

Vanilla Ice Cream, topped with Chocolate sauce and Cookie Crumbs.





CHOICE OF A STARTER

SUSHI

Four-piece California roll, filled and topped with Salmon and Avocado.

OYSTERS

Four cocktail Coastal Oysters served on ice with Lemon and Tabasco.

SOET PATAT FOCCACIA (V)

Foccacia, topped with Soet Patat, caramelised Onions, Jalapenos and Feta Cheese.

SOUP OF THE DAY

Delicious fresh Soup served with hand crafted Bread and Butter.

CHOICE OF A MAIN

PORK RIBS

500g Pork Ribs, basted in our hand crafted basting sauce, served with 34 South Chips and a chunky Salad

CALAMARI RINGS

Deep-fried Calamari rings, served with Chips or Savoury Rice, a chunky Salad and Tartare sauce.

SEAFOOD PASTA

Rich Tomato based sauce, with a medley of Seafood, Prawns and Mussels. Served with Linguini Pasta

MILD CHICKEN CURRY

Mild & fragrant Curry with Chicken, Sweet Potato, served with Coriander Yoghurt and Poppadum's.

CHOICE OF A DESSERT

CARROT BUNDT CAKE

Classic Carrot Cake in a Bundt form, topped with Cream Cheese Icing and Pecan Nuts and served with Vanilla Ice Cream.

FRUITY CHEESECAKE

Fridge Cheesecake Tartlet, topped with Fruit Compote, served with Vanilla Ice Cream.





CHOICE OF A STARTER

SUSHI (V)

Four-piece California roll, topped and filled with Cream Cheese, Avocado and Peppadew.

OYSTER SOUP

Rich, creamy Soup with a fresh cocktail Oyster inside, served with Croutons.

PRAWN & AVO SALAD

Fresh Garden Greens, Prawn Tails in Seafood Sauce, Avocado, Lemon and Fennel.

ATHENS MEZZE

Dolmades, Taramasalata, Tzatziki, Feta and Rock Salt Baguette.

CHOICE OF A MAIN

34 SOUTH CHICKEN

Half Chicken, grilled crispy, served with 34 Chips and chunky Salad — a choice of BBQ or Peri-Peri.

CATCH OF THE DAY

Fresh Fish of the day, grilled and served with Savoury Rice or Chips, a chunky Salad, and Tartare sauce.

ROAST PATAT (V)

Roasted Soet Patat, topped with mixed Vegetables, Basil Pesto and melted Cheese, served with Guacamole, Sour Cream and a chunky Tomato and Cucumber Salad.

ASIAN PRAWNS

10 Quayside Prawns in a tangy Asian inspired sauce, served on stir-fry Egg Noodles and ended of with Coriander and Sesame Seeds

CHOICE OF A DESSERT

FRESH FRUIT CREPES

Two Crepes filled with Vanilla Mascarpone & fresh Fruit drizzled with Berry sauce and served with Blueberry Cheesecake Ice Cream.

BELGIAN WAFFLES

Freshly made Waffles with two scoops Vanilla Ice Cream and hand crafted Chocolate sauce





CHOICE OF A STARTER

SUSHI

Four-piece crispy fried Salmon Fashion Sandwiches, topped with Sushi Mayo and Caviar

OYSTERS

Four medium coastal Oysters served on crushed ice, with Lemon and Tabasco

VEGETARIAN MEZZE (V)

Hummus, Tzatziki, Labneh Dip, roasted Vegetables, Sundried Tomatoes, Artichokes, Avocado and Rosemary Baguette

SEAFOOD BISQUE

Rich Seafood Soup made from Catch of the day and Shrimp

CHOICE OF A MAIN

HAKE PARMESAN

Grilled Hake, topped with Garlic Butter, Marinara sauce and Parmesan Panko crumbs, served on Basil Pesto Linguini and a creamy White Wine and Garlic sauce

LAND AND SEA COMBO

200g Beef Fillet with Mussels, Prawns and a creamy White Wine and Garlic sauce

SEAFOOD GUMBO

Mild Seafood & Chorizo Curry served with Basmati Rice, fresh Coriander and Poppadums.

CAPRESE PIDE (V)

Pizza boat, filled with Rainbow Tomatoes, Mozzarella, served with Basil Pesto and Parmesan Cheese.

CHOICE OF A DESSERT

NUTELLA GATEAUX

Layers of Chocolate Brownie, Nutella Mousse and Chocolate Ganache, served with Rolo Ice Cream.

CARAMEL CHEESECAKE

Classic baked Cheesecake topped with Caramel and Caramel Popcorn served with Vanilla Ice Cream.





THE GREENHOUSE

CHOICE OF STARTER

RED RAINBOW ROLL SUSHI (4PC) Seaweed & Rice rolls, filled and topped with Cream

Seaweed & Rice rolls, filled and topped with Cream Cheese, Avocado, Cucumber and Peppadew

GREEK SALAD

Fresh garden greens, feta, tomato, cucumber and olives

FOCCACIA SOET PATAT

Pizza base with Herb Oil, Sweet Potato, caramelized Onions, Feta, Mozzarella & Jalapenos

TOMATO SOUP

Rich Tomato Soup, served with a grilled Cheese Toastie

VEGETABLE MEZZE

Hummus, Tzatziki, roasted Vegetables, Labneh Dip, Rosemary & Rocksalt Baguette

CHOICE OF MAIN

VEGETARIAN PIZZA

Tomato base, medley of roasted Vegetables, Basil Pesto and Feta Cheese

ROAST VEGETABLE PATAT

Roasted Soet Patat topped with roasted Vegetables, Sun-dried Tomato, Basil Pesto and melted Cheese

PASTA MARINARA

Penne Pasta with Tomato Marinara sauce, Courgettes, Red Peppers and Feta

TOFU POKE BOWL

Sushi Rice, Edamame Beans, Radish, Carrot, Cucumber, Spring Onion, Mange-tout, Avocado, red Cabbage and marinated Tofu

VEGETABLE ENCHILADAS

Tortillas filled with mixed roasted Vegetables, topped with melted Cheese, served with Mexican Salsa, Guacamole and Sour Cream.

CHOICE OF DESSERT

TRADITIONAL MILK TARTLET

Traditional South African custard Tartlet, flavoured with Cinnamon, served with Vanilla Ice Cream.

CARROT BUNDT CAKE

Classic Carrot Cake in a Bundt form, topped with Cream Cheese Icing and Pecan Nuts and served with vanilla Ice Cream.





CHOICE OF A STARTER

CALAMARI RINGS

Fried Calamari rings, savoury Rice & Tartare sauce.

TOMATO SOUP

Rich Tomato soup served with a Cheese Toastie.

CHOICE OF A MAIN

PASTA NAPOLITANA

Tomato based pasta. Option of Penne or Linguini.

REGINA PIZZA (20CM)

Italian Tomato base with Mozzarella Cheese, Ham and Mushrooms.

PORK RIBS

300g Pork Ribs, BBQ basted, served with Chips.

FRANKFURTER

Grilled Frankfurter Sausage, served with Chips.

CHOICE OF A DESSERT

MILKTART

Custard based South African Tartlet, flavoured with Cinnamon and served with Vanilla Ice Cream

MALVA PUDDING

Hot baked dessert, a Traditional South African favourite, served with Caramel sauce and Vanilla Ice Cream.

ICE CREAM TRIO

Three scoops of Ice Cream: Vanilla, Blueberry Cheesecake and Rolo Chocolate.