

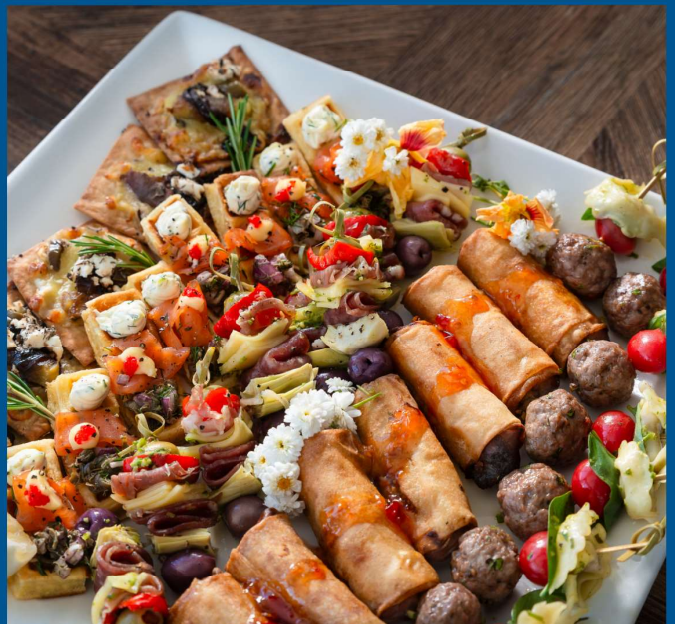


34  
SOUTH  
The Market



## **PARTY/CATERING PLATTER MENU** and other delightful eats to entertain

New baby, Birthday, Wedding, or simply hosting friends  
Whatever the occasion. Call us the day before the event for  
your entertainment solution - 34 South Style.





# PRAWN PLATTER

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SUCCULENT DESHELLED PRAWNS GRILLED IN GARLIC BUTTER, SEASONED TO PERFECTION. THE FIRM TEXTURE GIVES WAY TO A BURST OF MARITIME FLAVOUR, CREATING A DELIGHTFUL CULINARY EXPERIENCE.

WE FINISH OFF OUR PRAWNS WITH GARLIC & CHILLI OLIVE OIL. SERVED WITH A VIETNAMESE DIPPING SAUCE.

HOW BIG IS THE PLATTER...? WELL, THAT IS UP TO YOU.

QUAYSIDE PRAWNS R8 EACH

QUEEN PRAWNS R15 EACH

KING PRAWNS R32 EACH

# BEEF PLATTER

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BEEF FILLET, ROLLED IN OUR FAMOUS ROSEMARY AND ROCKSALT MIX, EXPERTLY FLAME-SEARED TO A CHAR OUTSIDE, CONCEALING A TENDER AND JUICY INTERIOR. EACH SAVOURY BITE UNVEILS A SYMPHONY OF ROBUST FLAVOURS, COMPLEMENTED BY A SUBTLE SMOKINESS THAT LINGERS ON THE PALATE

AFTER SLICING, WE SPRINKLE THE MEAT WITH SMOKED SEA SALT, OLIVE OIL, FRESH ROSEMARY AND CRUSHED BLACK PEPPER

500G = R345

1 KG = R690

1.5KG = R1035

2 KG = R1380



# DELI PLATTER

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1

## PICKLED FISH

PERFECT GOUJONS OF HAKE, FLOURED AND FRIED, PRESERVED IN A CURRY SPICED VINEGAR SAUCE. IT IS TANGY, SAVOURY AND DELICIOUS

2

## SNOEK PATE

A PROUDLY SOUTH AFRICAN TRADITIONAL DISH: SMOKED SNOEK BLENDED WITH SPICES, CREAM CHEESE AND MAYONNAISE.

3

## TARAMASALATA

A SMOOTH SPREAD MADE FROM SALTED AND CURED FISH ROE. THE ROE IS BLENDED WITH WHITE BREAD, OLIVE OIL, LEMON AND GARLIC FOR A VELVETY, CREAMY FINISH

4

## DOLMADES

GRAPE VINE LEAVES STUFFED WITH A MIXTURE OF SEASONED RICE PRESERVED IN OLIVE OIL

5

## ROLLMOPS

PICKLED HERRING FISH. THE HERRING FILLETS ARE ROLLED OVER A FILLING, OFTEN PICKLES, AND SEASONED WITH MUSTARD SEEDS

6

## VEGETABLES

MARINATED ARTICHOKE HEARTS, OLIVES AND ROASTED VEGETABLES





# SANDWICH PLATTER

THE SANDWICHES ARE MADE WITH OUR FRESHLY BAKED ARTISANAL BREAD  
AND CAN INCLUDE CIABATTA, BAGUETTE, HEALTH BREAD, PANINI OR  
SOURDOUGH RYE

STANDARD FILLINGS INCLUDE:

**1**

## CHICKEN MAYO

OUR DELICIOUS CHICKEN MAYO WITH FRESH CRISP LETTUCE

**2**

## SALAMI AND CHEESE

CERVELAT SALAMI AND GOUDA CHEESE

**3**

## HAM & CHEESE

CLASSIC GYPSEY HAM AND GOUDA CHEESE

**4**

## CHEESE AND TOMATO

FRESH TOMATO SLICES AND GOUDA CHEESE

**5**

## B.L.T

BACON, LETTUCE AND FRESH TOMATO







# VEGETARIAN PLATTER

1

## HUMMUS

A DIP MADE FROM MASHED CHICKPEAS, BLENDED WITH TAHINI (SESAME SEED PASTE), OLIVE OIL, GARLIC, LEMON AND SEASONINGS

2

## TZATZIKI

A GREEK DIP MADE FROM GREEK YOGHURT, CUCUMBERS, GARLIC, AND MINT

3

## ZESTY CREAM CHEESE DIP

TANGY DIP MADE BY BLENDING CREAM CHEESE, LEMON JUICE AND RIND AND A HINT OF FRESH CHILLI

4

## DOLMADES

GRAPE VINE LEAVES STUFFED WITH A MIXTURE OF SEASONED RICE PRESERVED IN OLIVE OIL

5

## CRUDITE VEGETABLES

A SELECTION OF RAW SLICED VEGETABLES. THESE INCLUDE CARROTS, MIXED PEPPERS AND CUCUMBER

6

## PEPPADEWS

LITTLE PICANTE PEPPERS MARINATED IN SWEET VINEGAR. TANGY WITH A BITE





# ANTIPASTO PLATTER

**1**

## MEATS

A SELECTION OF CHOICE ITALIAN COLD MEATS THAT INCLUDES HAM, SALAMI, CRUDO AND PROSCIUTTO

**2**

## CHEESES

A SELECTION OF DIFFERENT CHEESES. THESE CAN INCLUDE, BRIE, GOUDA, FETA AND MOZZARELLA

**3**

## OLIVES

ONLY THE FINEST CALAMATA OLIVES, MARINATED IN OUR IN-HOUSE PICKLE SAUCE

**4**

## ARTICHOKES

MARINATED ARTICHOKE HEARTS IN A GARLIC, CHILLI SAUCE

**5**

## SUNDRIED TOMATOES

CLASSIC SUNDRIED TOMATOES FULL OF FLAVOUR AND ZING

**6**

## MINI BREADSTICKS

SMALL VERSIONS OF OUR FAMOUS ROCKSALT AND ROSEMARY BAGUETTES





# 34 RETAIL STORE

Our retail store offers a wide range of goodies & groceries, perfect for the heart of any foodie, chef or connoisseur.

Fantastic wine selection from local to international

Great gifts for all, whether young or adult

Sweets from all over the world, from the Netherlands to the UK to the USA

Cheeses, Dips, and many more freshly made bites, meals, meats & seafood, perfect to add to an occasion

We even have our own clothing range







# CANAPÉ PLATTER

1

## MINI PREGO STEAKS

PROUDLY SOUTH AFRICAN!

MINI CIABATTA ROLLS, FILLED WITH FLAME GRILLED STEAK,  
BASTED WITH A SPICY & FLAVOURFUL PERI PERI SAUCE

2

## CHICKEN KEBABS

SKEWERED PIECES OF CHICKEN BREAST, ALTERNATING WITH  
PEPPERS AND ONIONS, BASTED IN OUR HOMEMADE BBQ BASTING  
SAUCE

3

## SPANAKOPITA CIGARS

GREEK DISH WHERE A FILLING OF SPINACH AND FETA IS ROLLED IN  
PHYLLO PASTRY AND FRIED TILL CRISPY AND GOLDEN BROWN

4

## KOFTA WRAPS

MOROCCAN SPICED BEEF MINCE PATTIES, SERVED IN A MINI  
TORTILLA WITH HUMMUS, COLESLAW, TZATZIKI AND TOMATO  
SALSA

5

## CALAMARI & CHORIZO BRUCHETTA

CRISPY GRILLED BREAD, RUBBED WITH GARLIC BUTTER, TOPPED  
WITH A MIXTURE OF CALAMARI, CHORIZO PORK SAUSAGE, RED  
PEPPERS AND OLIVES







# ISLAND PLATTER

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1

## SUSHI CANAPE

PANKO FRIED SUSHI RICE, TOPPED WITH CREAM CHEESE, PEPPADEWS, CUCUMBER, SMOKED SALMON, AVO AND SUSHI MAYO, FINISHED OFF WITH CAVIAR

2

## FILLET KEBABS

SLICES OF BEEF FILLET, SKEWERED WITH BABY MARROW, RED PEPPER AND ONION

3

## ZESTY AVOCADO BRUSCHETTA

CRISPY GRILLED BREAD, RUBBED WITH GARLIC, TOPPED WITH OUR HOMEMADE ZESTY AVO (AVO, LEMON, FRESH HERBS, HINT OF CHILLI, TOMATO)

4

## PRAWN & CHORIZO

QUEEN PRAWNS, SURROUNDING CHORIZO, SPICED WITH MOROCCON SPICE, GARLIC AND CHILLI, GRILLED TO PERFECTION

5

## COCKTAIL BRUSCHETTA

CRISPY GRILLED BREAD, RUBBED WITH GARLIC, TOPPED WITH COCKTAIL TOMATOES, CREAM CHEESE AND ROCKET





# QUAYS PLATTER

1

## CAPRESE KEBABS

KEBABS WITH TRADITIONAL CAPRESE INGREDIENTS: MOZZARELLA CHEESE, COCKTAIL TOMATOES AND FRESH BASIL, DRIZZLED WITH DELICIOUS BASIL PESTO

2

## ASIAN RIBS

IN HOUSE MADE RIBS, TOSSED IN A SLIGHTLY SPICY ASIAN STICKY SAUCE, TOPPED OFF WITH SESAME SEEDS

3

## SALMON CUPS

BAKED QUICHE STYLE CUPS, WITH SMOKED SALMON, SPRING ONION, PEPPADEWS AND FENNEL

4

## SMOKED CHEESE PUFF

CLASSIC PIGS IN A BLANKET. CHEESE GRILLER SAUSAGE, ROLLED IN CROISSANT PASTRY AND BAKED TILL GOLDEN BROWN

5

## BEEF KEBABS

CUTS OF BEEF SIRLOIN, SPICED MOROCCON STYLE, SKEWERED WITH RED PEPPER, GREEN PEPPER AND DRIZZLED WITH THYME OIL





# TAPAS PLATTER

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1

## ANTIPASTO KEBABS

SKEWERED LAYERS OF OLIVES, ARTICHOKE, EMILIANO HAM, SALAMI, PEPPADEWS AND MOZZARELLA

2

## WAFFLE MEZZE

THREE-HOLE WAFFLES WITH THREE FILLINGS, CONSISTING OF SALMON, CAPERS AND CREAM CHEESE

3

## BOBOTIE SPRINGROLLS

OUR IN HOUSE MADE BOBOTIE, SPICED TRADITIONALLY, ROLLED IN SPRINGROLL PASTRY AND FRIED TILL CRISPY. SERVED WITH SWEET CHILLI SAUCE

4

## SWEET POTATO FOCCACIA

MINI FOCCACIA, TOPPED WITH SWEET POTATO, JALAPENO AND CARAMELIZED ONIONS

5

## MEATBALL KEBAB

KEBAB STYLE SKEWERED MEATBALLS, COCKTAIL TOMATOES AND BASIL PESTO



**R495**



WE PACK OUR OYSTERS IN AIRTIGHT FOAM BOXES, SO WHEN YOU GET HOME WITH YOUR OYSTERS, THEY ARE STILL COLD, FRESH AND DECADENT.

THE OYSTERS ARE SERVED ON ICE WITH LEMON WEDGES.



Mini Tabasco @ 19.50

# OYSTERS

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**1**

## **COASTAL COCKTAIL R16**

OYSTERS HARVESTED ALONG THE COASTLINE OF THE GARDEN ROUTE. COCKTAIL OYSTERS ARE THE SMALLER SIZE BUT STILL GIVE ALL THE FLAVOUR

**2**

## **COASTAL MEDIUM R38**

OYSTERS HARVESTED ALONG THE COASTLINE OF THE GARDEN ROUTE. THE PERFECT SIZED OYSTER (OR SO THEY SAY)

**3**

## **COASTAL LARGE R48**

OYSTERS HARVESTED ALONG THE COASTLINE OF THE GARDEN ROUTE. THESE ARE FOR THE BIG OYSTER LOVERS. FULL BODIES, FULL SIZE

**4**

## **CULTIVATED MEDIUM R28**

THESE OYSTERS ARE GROWN IN TANKS IN THE COLD ATLANTIC WATERS OF SALDANAH BAY. THEY HAVE A SLEEKER LOOK AND A SMOOTHER SURFACE

**ALL OUR OYSTER ARE KEPT ALIVE IN OUR OYSTER TANKS,  
SO THEY ARE SERVED AT ITS FRESHEST**



# SALADS

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Choose from our standard fresh salad selections,  
Greek, Potato, Mediterranean,  
Cous Cous or Pasta

Alternatively tell us your favourite salad  
combination and we will build it.



We can do small salads, big salads, green salads.  
The options are endless.



# ADD ONS



1

## DELI ITEMS

FROM PRAWN COCKTAIL TO PICKLED FISH OR JUST SOME OLIVES. WE HAVE IT ALL. DOLMADES, ARTICHOKEs, SALMON GRAVLAX, ROLLMOPS

2

## FRESHLY BAKED BREAD

ROSEMARY BAGUETTE, BURGER ROLLS, PANINI, WRAPS . NACHO CHIPS WE CAN DO THEM BIG AND WE CAN DO THEM MINI

3

## PASTRIES

DANISH PASTRIES, CROISANTS, HOT CROSS BUNS, CINNAMON SWIRLS, BIG OR SMALL

4

## DIPS AND SPREADS

HUMMUS, TZATZIKI, LABNEH, SNOEK PATE OR BASIL PESTO, WE STOCK THEM ALL AND MAKE THEM OURSELVES

# 34 SUSHI

FRESHLY MADE PER ORDER  
BUILD YOUR OWN PLATTER OR USE OUR SUSHI MENU  
TO CHOOSE FROM OUR DESIGNED PLATTERS

20 PIECES = R305

30 PIECES = R615

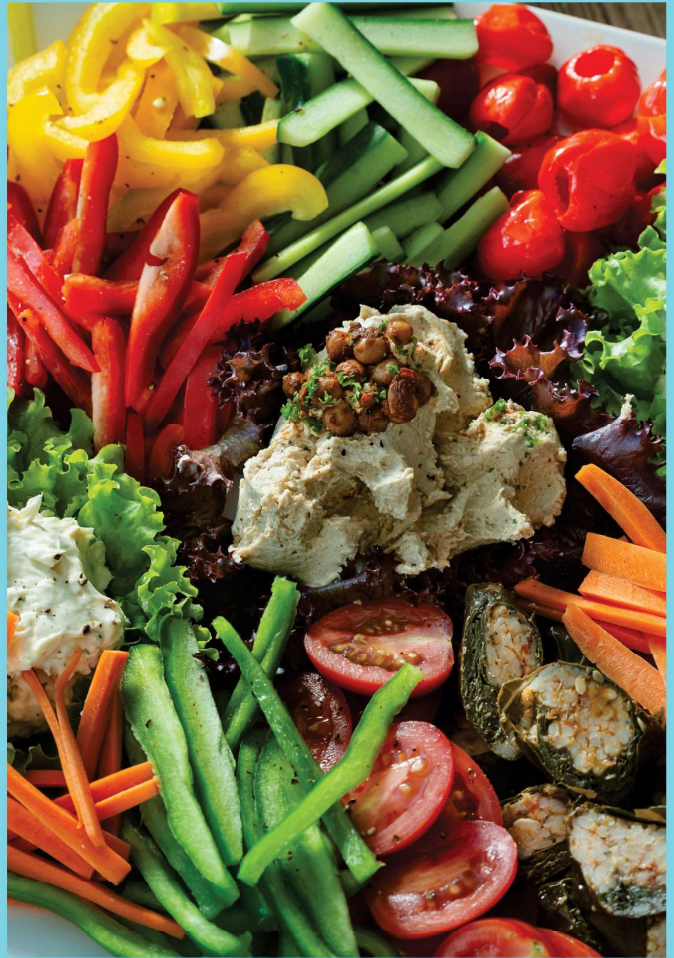
67 PIECES = R1250



# DESSERTS

WE HAVE A SELECTION OF MINI DESSERT/PASTRIES AVAILABLE TO BUILD THE PERFECT DESSERT PLATTER. ALSO FULL SIZE CHEESECAKES OR NUTELLA GATAEUX





044 382 7331



info@34south.biz



www.34south.biz



Shop 19, Knysna Quays,  
Waterfront drive, Knysna

**ORDER NOW**

**FOR ENQUIRIES AND  
QUOTES, ASK FOR  
ANTOINETTE, DEWALD OR  
GEORGE**