

BREAKFAST THE 3/4 WAY

SOUTH
The Market



08:30 - 11:30

CROISSANT

CHEESE & JAM (V) - 69

BREAKFAST - 115

Bacon, Egg, Tomato, Mushrooms, Balsamic Onions

TOAST

EGGS ONLY - 49

Two Eggs, Artisan toast

MEXICAN MINCE - 110

Spicy Mince, Fried Egg, Peppadews, Spring Onion

POWER BREAKFAST - 79

Tomato, Dutch Gouda, Basil Pesto, Red Onion, Avo Health Bread

FRITTATA

Fluffy Eggs with Gouda and Rocket, Roasted Tomatoes, and Bruschetta.

BACON & MUSHROOM - 115

MEXICAN MINCE - 115

VEGETARIAN (V) - 105

Roasted Vegetable, Basil Pesto

BENEDICT

Toasted health bread, two soft poached Eggs, Hollandaise sauce, Rocket & Spring Onion

BACON - 110

SMOKED SALMON - 150

MORNING DRINKS

KOMBUCHA - 78

FRESHLY SQUEEZED JUICE- 34

ICED COFFEE - 44

FREDDO CAPPUCINO - 44



CLASSICS

Served with freshly baked Artisan Toast & Homemade Jam

34 SUNRISE - 89

Two Eggs, Streaky Bacon, Tomato, Small Juice & Coffee

FARMHOUSE - 135

Two Eggs, Streaky Bacon, Tomato, Potato Rosti, 34 Baked Beans, Mushrooms

YOGHURT BOWL - 79

Double Cream Yoghurt, Granola, Fresh Fruit, Berry Sauce

34 SIGNATURES

AVOCADO HASH - 75

Hashbrown, Zesty Avo, Labneh Dip, Roasted Tomatoes

BREAKFAST PIZZA - 165

Tomato, Mozzarella, Bacon, Mushroom, Caramelised Onion, Two Eggs

BACON & BANANA WAFFLE - 95

Bacon, Banana, Maple Flavoured Syrup & Cinnamon

SAVOURY MINCE WAFFLE - 130

Peppadew, Cheese & Chive Waffle, Savoury Mince

MINI PASTRIES

Served with Ice-cream or Whipped Cream

MILKTART - 38

PASTEIS DE NATA - 38

APPLE & NUT CRUMBLE - 45

ASSORTED DANISHES - 25

FRUITY CHEESECAKE - 55

CARROT BUNDT CAKE - 48



SMOOTHIES

Blended Full Cream Milk, Yoghurt, Honey & Ice

BANANA - 45

BLUEBERRY-BANANA - 85

CAPPUCINO & PASTRY

CHOICE OF PASTEIS DE NATA OR ASSORTED DANISHES+ AN ITALIAN STYLE CAPPUCINO

49