

# BREAKFAST THE 3/4 WAY

SOUTH  
*The Market*



08:30 - 11:30

# CROISSANT

**CHEESE & JAM (V) - 69**

**BREAKFAST - 115**

Bacon, Egg, Tomato, Mushrooms, Balsamic Onions

## TOAST

**EGGS ONLY - 49**

Two Eggs, Artisan toast

**MEXICAN MINCE - 110**

Spicy Mince, Fried Egg, Peppadews, Spring Onion

**POWER BREAKFAST - 79**

Tomato, Dutch Gouda, Basil Pesto, Red Onion, Avo Health Bread

## FRITTATA

Fluffy Eggs with Gouda and Rocket, Roasted Tomatoes, and Bruschetta.

**BACON & MUSHROOM - 115**

**MEXICAN MINCE - 115**

**VEGETARIAN (V) - 105**

Roasted Vegetable, Basil Pesto

## BENEDICT

Toasted health bread, two soft poached Eggs, Hollandaise sauce, Rocket & Spring Onion

**BACON - 110**

**SMOKED SALMON - 150**

## MORNING DRINKS

**KOMBUCHA - 78**

**FRESHLY SQUEEZED JUICE- 34**

**ICED COFFEE - 44**

**FREDDO CAPPUCINO - 44**



# CLASSICS

**34 SUNRISE - 89**

Two Eggs, Streaky Bacon, Tomato, freshly baked Artisan Toast & Homemade Jam, Small Juice & Coffee

**FARMHOUSE - 135**

Two Eggs, Streaky Bacon, Tomato, Potato Rosti, 34 Baked Beans, Mushrooms, freshly baked Artisan Toast & Homemade Jam

**YOGHURT BOWL - 79**

Double Cream Yoghurt, Granola, Fresh Fruit, Berry Sauce

## 34 SIGNATURES

**AVOCADO HASH - 75**

Hashbrown, Zesty Avo, Labneh Dip, Roasted Tomatoes

**BREAKFAST PIZZA - 165**

Tomato, Mozzarella, Bacon, Mushroom, Caramelised Onion, Two Eggs

**BACON & BANANA WAFFLE - 95**

Bacon, Banana, Maple Flavoured Syrup & Cinnamon

**SAVOURY MINCE WAFFLE - 130**

Peppadew, Cheese & Chive Waffle, Savoury Mince

## MINI PASTRIES

Served with Ice-cream or Whipped Cream

**MILKTART - 38**

**PASTEIS DE NATA - 38**

**APPLE & NUT CRUMBLE - 45**

**ASSORTED DANISHES - 25**

**FRUITY CHEESECAKE - 55**

**CARROT BUNDT CAKE - 48**



## SMOOTHIES

Blended Full Cream Milk, Yoghurt, Honey & Ice

**BANANA - 45**

**BLUEBERRY-BANANA - 85**

# CAPPUCINO & PASTRY

CHOICE OF PASTEIS DE NATA OR ASSORTED DANISHES+ AN ITALIAN STYLE CAPPUCINO

49