



THE SUSHI STORY

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The traditions of sushi stretch back almost 2,400 years – to the time when rice cultivation first came to Japan. Sushi began as a method of preserving cleaned, raw fish, which was packed in buckets between layers of rice and salt, pressed down under heavy stones, and left to mature for months.

Two major advances were still to come, though: the development of hako-zushi in the 18th Century, when chefs began pressing the fish and rice in small wooden frame to produce 'sandwiches,' and serving them in colourful assortments – and the development of the edomae (or Tokyo-style), in which sliced, raw fish and vinegared rice are hand-formed into bite-sized mouthfuls (basically, what we now know as nigiri).

Various nontraditional styles – like the California roll and the fashion sandwich, featuring ingredients like avocado and crab sticks – became popular when sushi spread to the West in the 80's and 90s. But (winks conspiratorially) it was only when sushi came to our latitude – 34 South – that it developed real attitude...

A SUSHI GLOSSARY

Maki rolls: strips of fish or vegetables rolled with sticky vinegared rice and wrapped in nori (thin, crisp sheets of seaweed).

Nigiri: Slices of fresh fish pressed by hand onto pads of vinegared rice.

Sashimi: elegantly arranged slices of chilled, fresh, raw fish.

Namida: a slang term for wasabi. It means 'tears' – and if you've ever taken too much wasabi in one bite, you'll know why.

SUSHI ETIQUETTE

Don't make soy-wasabi soup. You know, in those little white bowls. Wasabi paralyses the palate, and if you overdo it, you won't appreciate the delicate, subtle flavours of the fish. Also: our chef might burst into tears.

SUSHI

EDAMAME 70

Green soy beans
served with salt
and sweet chilli



SALMON ROSES

(2pcs)
75



SUSHI SALAD

Salmon 195 or
Tuna 185
served with avo and
sweet chilli sauce



CALIFORNIA ROLL (4pcs)

Vegetarian 45
Crab 50 | Prawn 65
Salmon 70 | Tuna 65
Smoked salmon 72
Spicy salmon 72
Spicy tuna 65



SASHIMI (3pcs)

Tuna 85
Seared Tuna 90
Salmon 110
Seared Salmon 115



CRISPY CALIFORNIA ROLL (4pcs)

85
Panko prawn, avo and
cucumber topped with
mayo and sweet chilli



PANKO CRUMBED PRAWNS

(4pcs) 75
(6 pcs) 105
with sweet chilli sauce



FASHION SANDWICHES (4pcs)

Vegetarian 45
Crab 50
Salmon 75
Tuna 65 | Prawn 65
Smoked Salmon 80



HAND ROLL (1pc)

Avo & cucumber 60
Crab 65
Panko Prawn 80
Prawn 80
Tuna 80
Salmon 90



NIGIRI (2pcs)

Salmon 70
Prawn 60
Tuna 60
Inari Prawn 90



PANKO PRAWN CALIFORNIA ROLL (4pcs) 72

Panko prawn, avo,
cucumber and
sweet chilli



MAKI (4pcs)

Cucumber 35
Avocado 40
Crab 40
Prawn 50
Tuna 50
Tempura prawn 55
Salmon 60
Smoked salmon 55



SUSHI

RAINBOW ROLLS (4pcs) - GREEN 55

Avo, cucumber, rocket
- RED 70

Cream cheese, avo,
cucumber, peppadew
- SALMON 80

Salmon, avo, cucumber



SEARED TUNA CALIFORNIA ROLL (8pcs) 125

Avo, spring onion
and peppadew

CRISPY FASHION SANDWICHES (4pcs) 80

Salmon or Tuna or
Prawn or Crab or
Vegetarian, topped
with mayo and caviar



TEMPURA PRAWN BAMBOO ROLL (4pcs) 99

Cucumber wrapped
seaweed, rice and panko
prawn, avo, cucumber,
topped with mayo

CREAM CHEESE ROLL (4pcs) 85

Salmon or Prawn or
Smoked Salmon
with avo, peppadew
and cream cheese



ROCKET CALIFORNIA ROLL (8pcs) 125

Salmon, rocket and
avo topped with
rocket and mayo

CRAB CRUNCH (8pc) 110

crispy fried crab
sandwiches with avo
and mayo, drizzled
with sweet soya



34 SOUTH CALIFORNIA ROLL (8pcs) 130

Prawns, spring onion,
peanut powder, avo and
mayo

JOJO'S SUPPER RAINBOW ROLL (8pcs) 175

Rainbow roll, sweet
soya, 7 spice sesame
oil, spring onion,
caviar and mayo



MINI SUSHI ROLL (8pcs) 170

Crispy roll with
shrimp and prawn

SHRIMP TEMPURA ROLL (4pcs) 105

Spicy Salmon or Tuna
California roll
topped with creamy
shrimp tempura



RAINBOW SANDWICH (9pcs) 220

Salmon sandwich
filled with salmon,
avo, mayo and caviar

SUSHI PLATTERS

HANA PLATTER (16pcs) 205

4x salmon maki,
4x tuna maki,
4x avo maki,
4x salmon California



SAKULA PLATTER (16pcs) 545

4x tuna sashimi,
4x salmon sashimi,
4x salmon roses,
2x salmon nigiri,
1x tuna nigiri,
1x prawn nigiri



MATSU PLATTER (14pcs) 360

4x shrimp tempura,
2x prawn nigiri,
4x salmon roses,
4x salmon rainbow



EAGLES PLATTER (30pcs) 615

8x salmon fashion,
8x salmon rainbow,
8x crispy prawn california,
2x salmon nigiri,
2x tuna nigiri,
2x prawn nigiri



GINGER PLATTER (20pcs) 305

8x salmon maki,
8x salmon rainbow,
4x crab California



WAKAME PLATTER (16pcs) 285

4x salmon fashion,
4x salmon roses,
4x crab california,
4x avocado maki



UME PLATTER (11pcs) 285

3x salmon sashimi,
2x salmon nigiri,
2x Salmon roses,
4x prawn california



TIGER PLATTER (9pcs) 245

4x shrimp tempura,
1x prawn handroll,
4x crispy tuna california



34 SOUTH PLATTER (16pcs) 310

4x avocado maki,
4x salmon fashion,
2x salmon nigiri,
2x salmon roses,
4x salmon rainbow



VEGETARIAN PLATTER (9pcs) 145

4x veg california,
4x green rainbow,
1x avo and
cucumber hand roll



SALMON PLATTER (19pcs) 450

8x salmon california,
4x salmon roses,
3x salmon sashimi,
4x salmon nigiri



DELUXE PLATTER (67pcs) 1250

8x salmon fashion, 2x salmon
nigiri, 2x prawn nigiri, 2x tuna
nigiri, 2x salmon roses, 4x tuna
sashimi, 4x salmon sashimi,
8x crispy crab california,
8x salmon california, 8x tuna
maki, 9x rainbow sandwiches
2x Inari prawn



GOURMET SUSHI

FIREBALLS (4pc)
Vegetarian 145 or
Smoked Salmon 195
 Avo and cucumber
 California roll, topped
 with fried cream cheese
 balls, dipped in
 fireball sauce



PRAWN BITES
(3pc) 180
 Panko crumbed rice
 balls, served with
 an Asian salad



TEAR DROP
MAKI ROLL
(4pc) 115
 Maki in a tear drop
 shape, filled with
 Norwegian salmon
 and cream cheese



URUMAKI
SALMON
FASHION
SANDWICH
(4pc) 175
 Inside out salmon and
 avocado sandwich



PANKO PRAWN
ROLL (4pc) 170
 Butterflied crumbed
 prawn on salmon
 California roll,
 with sweet chilli mayo



NIGIRI TIME
(2pcs)
 - as priced below
Avo and cream
cheese 60
Pickled pepper and
cream cheese 60
Prawn 60
Tuna 60
Inari Prawn 90
Salmon 65

6 Nigiri
 1pc of each 195

12 Nigiri
 2pcs of each 355

PLATTERS

FIREBALLS and
BITES (10pc) 450
 2pcs Salmon fireballs
 2pcs Vegetarian fireballs
 4pcs Prawn bites
 2pcs Panko prawn roll



GOURMET PLATTER
(24pc) 825
 2pcs Salmon fire ball
 2pcs Vegetarian fireball
 4pc Prawn bites
 4pcs Tear drop maki
 2pcs Avo and cream cheese nigiri
 2pcs Pickled pepper and
 cream cheese nigiri
 4pcs Urumaki Salmon
 fashion sandwich
 4pcs Panko prawn roll



SUSHI ADDITIONS

Pickled ginger 15 | Poke sauce 15 | Sweet soya 15 | Sweet chilli 15 | Rice 15 | Wasabi 15
 Kempie mayo 25 | Fire sauce 25

Upgrade 25

QUARTET OF CUISINES



On the Water's Edge



Our Quartet of Knysna offers 4 unique culinary experiences in four breath-taking waterfront locations. Each restaurant is distinct in character and has its own special ambience, yet all share a commitment to delicious food, good service, great wines and attention to details.

www.34south.biz

